DAV PUBLIC SCHOOL,THANE(W) Pre-Primary Section 2022-2023

## Workshop on Hand wash



Keeping our hands clean is one of the most key steps in order to avoid spreading of germs and keeping healthy because hands are the most exposed part of one's body.





A Workshop was conducted on 12.9.2022(Monday) by <u>Ms. SUNITA BIST</u> on the importance of hand washing in which the students were explained the importance of it. The children were also explained how bacteria spreads through our different sense organs. The workshop aimed at making children aware about different ways of washing hands and the importance of using soap or hand wash.

## **Steps of Hand Wash**

- Wet your hands
- Apply soap/liquid soap
- Rub palms together
- Rub the back of both hands
- Interlock fingers and rub hands together
- Rub finger tip on palm of both hands.
- Rub both the thumbs and wrists in rotating manner.
- Rinse and dry hands thoroughly.







A practical demo was also given for a better understanding of washing hands properly, to the children through hand wash video and PPT. The children enjoyed the session and learnt a valuable lesson through the workshop.